



# KELSO RFC

## Code Of Conduct

### ONE CLUB

### ONE COMMUNITY

## *HISTORY IS OUR STRENGTH...*

Kelso Rugby Football Club  
Poynder Park, Poynder Place  
Kelso  
TD5 7EH



Kelso RFC is fully committed to supporting and promoting Scottish Rugby's Code of Conduct with respect to Players, Coaches, members and supporters. This code of Conduct will be prominently displayed at strategic positions within the facilities of Poynder Park and will also be available on the club website for reference.

### **Code for Players**

- Play for enjoyment and become part of the rugby family
- Respect the game of rugby and play within the laws of the game
- Accept the referee's decision and let your captain or coach ask any relevant questions
- Play with control. Do not lose your temper
- Always do your best and be committed to the game and your club
- Be a "good sport". Applaud all good play whether by your team or the opposition
- Respect your opponent. Treat all players as you would like to be treated. Do not bully or take advantage of any player
- Rugby is a team sport and make sure you cooperate with your coach, teammates and members of your club
- Remember the values of the game are to have fun, improve your skills and feel good
- At the end of the match thank your opponents and the referee for the match
- Always remember that you owe a duty of care to your opponent. Tackle hard but fairly, do not intend to hurt your opponent
- Winning and losing is part of sport, win with humility- lose with dignity
- As part of the team, it is important that you attend training regularly and listen to your coach and help your team
- As a team sport it is important to understand that all members are important to the team
- Remember you are representing your team, club, family and the game of rugby.

### **Code for Coaches**

- Lead by example- young people need a coach who they respect
- Be generous with your praise when it is deserved. Never ridicule or shout at players for making mistakes or losing a match
- Teach your players the laws of the game are mutual agreements which no one should evade or break
- Ensure that all players participate in matches. The average players deserve equal time
- Remember that young players play for fun and enjoyment and that skill learning and playing for fun have priority over structured competition. Winning is not the only objective.
- Develop player and team respect for the ability of opponents, as well as for the judgment of referees and opposing coaches
- Insist on fair play and disciplined play. Do not tolerate foul play, fighting or foul language. Be prepared to take off an offending player
- Create a safe and enjoyable environment in which to train and play
- Do not overburden younger players with too much information
- Be aware of the effect you have on grown children

- Never criticise the referee or touch judges, during or after a match in front of players and spectators
- Always thank match officials and if they have made decisions which require clarification, discuss the problems after everyone has changed
- Seek and follow the advice of a doctor in determining when an injured player is ready to play again
- Be responsible and ensure you uphold the ethos of the game and Scottish Rugby
- Ensure you and your players are proud of your team, club and efforts during the season
- Remember that as a coach of an age grade team you are to act in cooperation with parents and to that extent your duty of care is more onerous than that of a coach to an adult team

#### **Code for Committee and Officials**

- Be responsible and ensure you uphold the ethos of the game and the values of Scottish Rugby
- Always thank match officials and if they have made decisions which require clarification, discuss the problems after each game in a dignified manner
- Players or referees are not fair targets for ignorant behaviour
- Verbal abuse of players or referees cannot be accepted in any shape or form
- Show respect for your teams' opponents without them there would not be a match
- Be on your best behaviour and lead by example. Do not use bad language or harass referees, players or coaches
- Be proud of your club and the game of Rugby
- Show respect and dignity for fellow members of the committee and visiting officials
- Recognise the value and importance of volunteer referees and coaches
- Do not publicly question the referee's judgement and never their honesty
- As a member of the committee do not use bad language or harass referees' coaches or players

#### **Code for Parents**

- Remember young people play rugby for their enjoyment not only yours
- Encourage your child to play by the laws of the game
- Teach young children to be honest endeavour is an important as winning, so the result of each game is accepted without disappointment
- Help young people to work towards skill improvement and good sportsmanship
- Set a good example by applauding good play on both sides
- Never ridicule, humiliate or shout at young players for making a mistake or losing a match
- Do not place emphasis on winning at all costs
- Do not force an unwilling child to participate in the playing of rugby. If the child is to play, he/she will do so in good time through your encouragement
- Support all efforts to remove verbal and physical abuse from Rugby
- As a spectator do not use bad language or harass referees' coaches or players

- Do not publicly question the referee's judgement and never their honesty
- Recognise the value and importance of volunteer referees and coaches
- Identify and acknowledge the good qualities of the game of rugby and uphold these values
- Remember you and your Childs contribution to the game of rugby is very important to Scottish Rugby and be proud of your contribution
- Understand the value of team sport and the importance thereof.

#### **Code for Spectators**

- Remember that although young people play organised rugby, they are not elite professionals
- Be on your best behaviour and lead by example. Do not use bad language or harass referees, players or coaches
- Applaud good play by the visiting team as well as your own
- Show respect for your teams' opponents without them there would not be a match
- Condemn the use of violence in all forms at every opportunity
- Verbal abuse of players or referees cannot be accepted in any shape or form
- Players or referees are not fair targets for ignorant behaviour
- Encourage young players to play by the laws of the game
- Spectators can contribute to the enjoyment of the event and all involved
- Be proud of your club and the game of Rugby

Attached is the link to Scottish Rugby's core values and code of conduct:

[Our Values | Scottish Rugby Union](#)